

Covid 19 Atmosphere Fitness policy

Greater Sydney sustained an outbreak of Covid 19 which forced the government to activate Stay at Home orders in June 2021. To contain the outbreak and minimise the risk to society, the government has released a Roadmap to Recovery to move forward from the Stay-at-Home Orders. Under current regulations gyms may reopen but have a legal obligation to abide by the current Public Health Orders. This is an evolving process, and this policy will be reviewed to remain in line with updates as they are released.

Phase one 11th October 2021

Access to the premises

Current PHO indicate Atmosphere Health & Fitness and Signature can resume trading from the 11th October 2021. In line with the current Roadmap to Recovery, staff, members, contractors and guests aged 16 years and over wishing to attend Atmosphere Health and Fitness and Signature will be required to show proof of their double vaccination status or Medical Exemption Certificate prior to their entry. Acceptable forms of vaccination status are limited to the government issued Covid 19 Digital Certificate and Medicare issued Immunisation Statement as specified by Services Australia. For those who have a medical exemption acceptable proof is their Medical Contraindication Certificate or Temporary Medical Contraindication Certificate. This may be provided by emailing immunisations@atmospherefitness.com.au or by showing evidence prior to entering the club to staff at reception.

Children under the age of 16 years may attend our premises including our creche (children enrolled into AKC that are aged 6 weeks through to and inclusive of 12 years) if they are accompanied by a double vaccinated adult from their household who comply with the vaccination requirements as above.

For staff, members, contractors, and guests who aren't vaccinated or aren't willing to share their vaccination status with us, we cannot provide access to our premises or allow them to undertake any fitness related activity within our carpark area in line with the PHO. These clients, along with those who don't feel comfortable attending, may place their membership on hold until the 11th of January 2022 via the client portal. Our standard hold policy will apply to these memberships.

Operational Restrictions

We are bound by the density restriction of 1 person per 4 square meters indoors, 20 participants per class plus the instructor. This class participant restriction currently applies to outdoor exercise also, so outdoor classes will also be limited to 20 participants.

In line with the current PHO, masks are required to be worn in all public indoor spaces. Masks will be required to be always worn by staff while at work. Members and guests will need to wear a mask into our Clubs. Masks are mandatory in all indoor group classes. Participants of group classes who feel the need to remove the mask for their health or safety must leave the studio to do so. Masks are not required to be worn in outdoor classes. Masks may also be removed while engaging in physical exercise, except as part of a class (masks must be worn in classes, but not on the gym floor).

All staff, members, contractors, and guests must scan the QR Code at the front of our club to be allowed entry. This is the responsibility of the individual to ensure that their details are registered via the Service NSW app. Staff must take reasonable steps to ensure the individual is scanning into our Clubs.

Pool/ Sauna

Public swimming pools in indoor areas may reopen for squad training, rehabilitation activities and lap swimming. Therefore, our pool will be open and available for use. The sauna will remain open, subject to the 1 person per 4 square metre rule.

Masks

It is a requirement that masks must be worn by staff, members, contractors, and guests when entering/exiting the building, using common areas including the foyer, bathrooms and whilst waiting for a class to begin.

Masks may be removed when exercising on the gym floor but must be worn whilst participating in indoor classes. If you cannot continue with your class, you may leave the studio then return when you feel able to continue with the class. Instructors may remove their masks if it effects their ability to clearly enunciate or visibility of their mouth is deemed to be essential.

If staff, members, contractors or guests have an exemption from wearing a mask, it must be carried with you. In the instance we are spot checked by the police, the member or guest needs to have the document available and provide it to the police if requested. An approved exemption from wearing a mask is deemed as a medical certificate or letter signed by a registered health practitioner or a registered NDIS provider or a statutory declaration.

Legislation and penalties

Penalties for breaching PHO are applicable to both the individual and companies. Please visit

www.nsw.gov.au/covid-19/rules/legislation-and-penalties

for further information.

Staff reserve the right to refuse entry to anyone who they deem as not complying with the requirements of the Public Health Order. Any documentation supplied that doesn't appear to meet the regulations of the PHO or is incomplete will be requested to provide additional evidence of their current Covid 19 vaccination status.

Atmosphere Health & Fitness and Signature will not tolerate any form of aggression towards staff, contractors, members, or guests. In this circumstance AH&F and Signature will take any action they deem necessary to protect the interest of all stakeholders.

Also, out of respect for all, staff will not be drawn into any discussions regarding the vaccination/ government debate.

Sourced

www.nsw.gov.au/covid-19/rules

www.nsw.gov.au/covid-19/rules/changes/face-mask-rules

www.health.nsw.gov.au/Infectious/covid-19/Pages/public-health-orders.aspx

www.nsw.gov.au/covid-19/easing-covid-19-restrictions

www.fitnessaustralia.com.au