

BOOTCAMP TIMETABLE

	M	T	W	T	F	S	S
6:00am		SUZI	KIMBERLEE	LUKE	JACK		
7:00am						JACK	
9:00am	KIMBERLEE	STEVE Z	KIMBERLEE	STEVE Z	LIZ S		
5:30pm	KIMBERLEE	LUKE	JACK	LIZ S	JOE		

Located at Atmosphere carpark.

**Timetable subject to change.*

ATMOSPHERE

HEALTH + FITNESS

SIGNATURE

BOOTCAMP TIMETABLE

	M	T	W	T	F	S	S
6:00am		LUKE	JACK	SUZI	STEVE W		
7:00am						JOE	
9:00am	STEVE Z	STEVE W	STEVE W	STEVE W	STEVE Z		
5:30pm	JOE	LIZ S	SUZI	LUKE	SUZI		

Located at East Bank carpark.

**Timetable subject to change.*